

JANUARY 2022



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Let's start the year off right at Paseo Park!	4 Music with Patrick Learn about George Straight. YEE-HAW	5 Workout Circuit Disney Day Wear anything Disney	6 Harkins Theatre Wear a White t-shirt.	7 Movie/Karaoke Day Super Hero Day
10 Enjoy Chair Yoga in the classroom.	11 Music with Elliott Creat an at home workout	12 Gym Rat Focus on Balance Exercises	13 Star Wars Day Are you a Jedi or Sith?	14 Movie/Karaoke Day Surprise healthy snack
17 Make our own Fossil! Learn how fossils are made.	18 Music with Patrick Mismatched Sock or Crazy Design Day!	19 Phoenix Zoo Wear comfortable walking shoes	20 Harry Potter Day Let's get you sorted into your house.	21 Movie/Karaoke Day Pajama Day!
24 Riparian Water Preserve Let's go for a relaxing walk.	25 Music with Elliott Animal Day! Wear something with animals or animal print.	26 Show & Tell Write Thank You letters to Vetr	27 Calendar Creation Learn how to use Microsoft Word	28 Movie/Karaoke Day Surprise healthy snack
31 Fear Factor! (Nothing actually gross)				